

A Simple Dream. An Attainable Goal.

Independence and self-reliance are words that describe the dreams and goals for individuals with developmental disabilities that we serve. We are committed to empowering each person's ability to experience the highest possible quality of life through this important life sharing service.

*When we share laughter,
There's twice the fun;
When we share success,
We surpassed what we've
done.*

*When we share problems,
There's half the pain;
When we share tears,
A rainbow follows rain.*

*When we share dreams,
They become more real;
When we share secrets,
Our hearts we reveal.*

*If we share a smile,
That's when our love shows;
If we share a hug,
It's when our love grows.*

*And what draws us closer
And makes us all care,
Is not what we have,
But the things that we share*

--Author unknown



LIFE SHARING
HouseMates
A Service of Connections of CNY

Are you in need of a change in life? Have you ever wanted to assist someone with a developmental disability? Connections of Central New York has the perfect opportunity for you.

Life Sharing Journey

We offer a Life Sharing opportunity where a person with a developmental disability welcomes a person into their home to become housemates. As a housemate, you would get to share your life with the person who has opened their home to you in return for companionship and support. Connections of Central New York assists our individuals with daily living skills and will provide you with guidance and the learning tools along your journey. A journey with a powerful promise: *"Miles of Smiles are Just Ahead"*.

Rent and Utilities Covered

One of the many benefits of sharing your life is that your rent and utilities are covered! Your only financial responsibility would be your personal living expenses each month.



We invite you to start your journey as a House Mate today.

Take the first step by calling Jim, the program coordinator at (315)372-9420.

CONNECTIONS of CNY

Personalized Developmental Support



LIFE SHARING
HouseMates
A Service of Connections of CNY



“Life Sharing makes a positive impact on the lives of the people we serve by providing efficient, effective services and supports; allowing them to live in their own homes and apartments in our community.”

Darin J. Yoder
Director—Connections of CNY

Support. Care. Direction. Dignity.